

Ayurvedic Herbal Body Massages

Tranquil Massage (30 mins) £25
An Ayurvedic head, neck and shoulder massage incorporating medicated herbal oils

Back, Neck & Shoulder Massage (30mins) £25
An Ayurvedic back, neck and shoulder massage incorporating medicated herbal oils.

The Bliss Massage (60 mins) £45
An Ayurvedic massage for the head, face, neck, shoulders, upper back and feet. The Ultimate Indian Head massage!

The Regency Massage (60 mins) £60
An Ayurvedic full body massage including a 10 minute head massage

The Royal Massage (90 mins) £75
An Ayurvedic full body massage including a 10 minute head massage and 10 minute foot massage.

The Supreme Boost (150 mins) £120
Combining Lift Therapy and a Bliss Massage to boost your energy and relax your body and mind.

Specialised Ayurvedic Herbal Treatment

Shirodhara (90mins) £95
Shirodhara is a luxuriant and easy way to achieve instant calm and rejuvenation - an effective way to relax and unwind!

Oriental Treatment

Hopi Ear Candling (45 mins) £40
A pleasant and non invasive treatment of the ears to soothe, relieve and relax

Jet Lag Reviver (60 mins) £55
Soothing Ayurvedic oils combined with special massage techniques offer the perfect way to revive and relax after a long trip.

Reflexology

A stress reducing treatment based on the principle that the feet are a map of the body - helps to correct imbalances throughout the body and release energy.

30 minutes £25
60 minutes £35

Hot Stone Therapy

Heated Stones are used to massage the body to harmonise, cleanse and relax the body and soul.

Full body (90 mins) £75

Swedish Massage

Reduces Stress and is suggested in a regular program for stress management.

Back, Neck & Shoulders (30 mins) £30

Full body (60 mins) £42

Aromatherapy Massage

Essential oils detoxify, oxygenate and hydrate the skin while improving conditions such as migrane, acne, eczema and psoriasis.

Back, Neck & shoulders (30 mins) £30

Full body (60 mins) £45

Sports Massage

Full Body Massage (60 mins) £55

(90 mins) £75

Body Wraps

Detox Body Wrap (90 mins) £45

Seaweed gel and specialist tapes are bound around the body to nourish the skin - instant Detox takes place while you relax!

Deluxe Full Body Wrap £60

Full Body wrap including a relaxing head, neck, shoulder and facial massage.

Facials

Deep Cleansing Facial (30 mins) £25

Detoxifying & Normalising Facial (60 mins) £35

Revitalising & Firming Facial (60 mins) £35

Hydrating Facial (60 mins) £35

Prescription Facial (90 mins) £50

Combined with a head, neck and shoulder massage for total relaxation

Paraffin Wax Facial (90 mins) £60

This luxurious heat treatment facial increases the circulation, softens the skin and improves the appearance of fine lines and wrinkles.

Omni Ayurveda Herbal Facial (60 mins) £35

An Ayurvedic facial and massage with a special herbal mask for a glowing appearance and genuine long term benefits.

Omni Deluxe Facial (90 mins) £65

An Ayurvedic facial combined with an Ayurvedic back massage for total relaxation.

Microdermabrasion

A deep exfoliation method to instantly deliver smooth radiant skin.

Full face & Neck (30 mins) £35

Full body (45 mins) £40

Make Up - Using Glo Minerals Products.

Make Up Application (30 mins) £20

Make Up Application including trial £35

Tanning

- Using Sun Lust Spray tan

Half Body £20

Full Body £30

Top up within 1 week

Half Body £15

Full Body £20

Eyes

Eyebrow Shape £8

Eyebrow Tint* £8

Eyelash Tint* £10

Lash & Brow Tint* £15

*Tint test must be carried out 24hrs prior to the treatment.

Waxing

1/2 Leg £15

3/4 Leg £22

Full Leg £25

Full Leg & Bikini £30

Bikini Line £10

Brazilian £20

Underarm £9

Full arm £15

Upper Lip £7.50

Chin £7.50

Upper Lip and Chin £12

Full Face £20

Eyebrow £6

Male Waxing

Eyebrow £6

Forearm £12

Full arm £18

Back & Chest £20

Back £14

Chest £13

Packages

Pre Holiday Package (90 mins) £40
Includes 1/2 leg, Bikini and Eyebrow wax,
Eyebrow tint, eyelash tint

Formal Package (over 2 days) £50
Day 1 Sun Lust Full Body Spray Tan and Eyelash tint
Day 2 Make Up Application

Luxury Pamper Day £100
Hydrating Facial, Bliss Massage, 1 hour Reflexology
Lunch & Refreshments.

Bridal Package (over 2 days) £150
Day 1 Deep cleansing Facial, full body wrap,
back & shoulder massage.
Day 2 Full body exfoliation & Spray Tan

Holistic Packages

Royal Ayurveda Pampering £125
Includes a Regency massage, Omni Ayurveda Facial
and 1 hour Reflexology
Lunch and refreshments provided

Ultimate Indulgence £150
Includes a Shirodhara massage, Omni Ayurveda facial
and 1 hour Reflexology
Lunch and refreshments provided

Omni Top to Toe £195
Includes Royal Massage, Omni Ayurveda facial,
Reflexology and Hopi ear Candling
Lunch and refreshments provided.

"It takes two" - Package for 2 people £220
Includes a Regency Massage, Deep cleansing facial
and 1 hour Reflexology
Lunch and Refreshments provided

Gift Vouchers

Treat your friends or relatives to a unique experience
at Omni Health & Beauty. Vouchers can be
purchased by visiting www.ramadaplazabelfast.com
or alternatively by calling 02890923660

Cancellation Policy

A 50 % cancellation fee will be incurred for any
treatment not cancelled at least 24 hrs prior to
appointment time. Treatments over £50 require
a deposit of 50% at time of booking.

Opening times

Monday	10am - 7pm
Tuesday	10am - 7pm
Wednesday	10am - 7pm
Thursday	10am - 9pm
Friday	10am - 8pm
Saturday	9am - 6pm
Sunday	Closed

Contact Information

Omni Day Spa
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The logo features a large, stylized Om symbol (ॐ) in black, followed by the word "omni" in a lowercase, sans-serif font. Below "omni" is the text "Ayurveda Health & Beauty" in a smaller, uppercase, sans-serif font.

omni
Ayurveda Health & Beauty

